

Thriving / Forming

A 12 week class

At Pasadena Church of the Nazarene
3700 East Sierra Madre Boulevard

Starting September 16, 2009

7:00 – 8:30 pm



Thriving Recover Your Life

In this class you will learn about:

Participating with God for the change we need

Engaging with God to grow our new identity

Receiving joy, restoration, and rest from God

Hearing from God

Lectio Divina

Conversational Prayer

Contemplative Prayer

Healing Prayer

Growing up without burning out